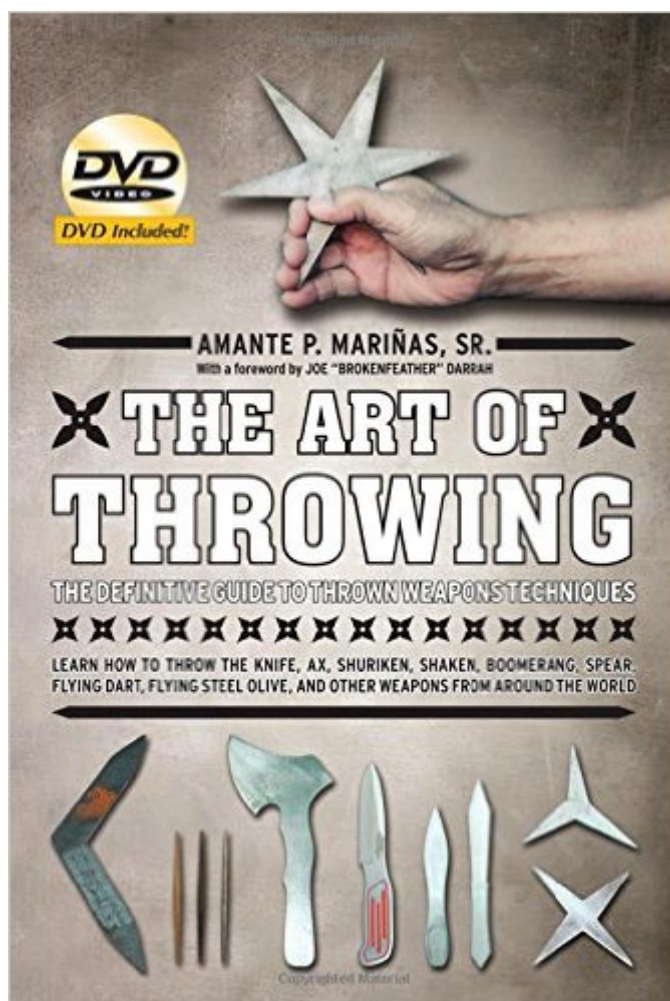


The book was found

The Art Of Throwing: The Definitive Guide To Thrown Weapons Techniques [DVD Included]



Synopsis

Concise and informative, *The Art of Throwing* is the ultimate introduction to the exciting world of throwing weapons. It provides thorough explanation and instruction on everything from grips and stances, targets and trajectories, and even how to construct your own weapons. The fundamentals of weapon throwing are easy to learn, but mastering aim—let alone mastering aim with a variety of weapons—involves time, effort and practice. Let *The Art of Throwing* ease your transition from novice to expert with its detailed, but easy to follow instructions from an author who has spent years mastering his technique. With a foreword by knife throwing legend Joe "Brokenfeather" Darrah, this edition includes updated information and an hour-long instructional DVD to better aid newcomers in learning the basics or help experienced throwers perfect their techniques. *The Art of Throwing* includes: Basic concepts—Grips, Methods, and Mechanics Throwing implements—The Bagakay, the knife, the ax, and the spear Japanese throwing implements—The Shuriken and the Shaken Chinese throwing implements—The flying dart, the golden coin dart, the flying steel olive, and the flying sticker Other throwing implements—The western dart and the boomerang Sport and defensive throwing Weapon and hand care

Book Information

Paperback: 192 pages

Publisher: Tuttle Publishing; Paperback with DVD edition (June 20, 2010)

Language: English

ISBN-10: 0804840938

ISBN-13: 978-0804840934

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars— See all reviews— (22 customer reviews)

Best Sellers Rank: #140,986 in Books (See Top 100 in Books) #12 in Books > Sports & Outdoors > Miscellaneous > Air Sports & Recreation #26 in Books > Sports & Outdoors > Individual Sports > Archery #139 in Books > History > Military > Weapons & Warfare > Conventional

Customer Reviews

lots of stories about what he has done and people he knows lots of graphs of how many times he stuck and missed less than a quarter of the book is about technique I would not buy the book again

It's very Easy to follow!!!! the fact that it also has a dvd with the instructions really helped to fasten

things up.

It covers any and all weapons that you would want to throw I rate it a strong 4 stars for that reason. I have been able to throw my throwing knives and several other knives much better now. I'm not ready for any contest yet that is still a ways off.

this was WELL worth the money!! It showed me several different weapons and how to use them. This book and dvd will keep me busy for a while.

I would've given it 5 Stars if the DVD would've played all the way through. It played about halfway through then froze up and wouldn't play anymore. The book on the other hand has very amazing information and resources to help a person like me that is new to knife throwing. I would recommend this book to anyone, but would warn them not to expect much from the DVD.

The author covers important points on technique within the pages of this Book. It is a wonderful learning tool. Highly recommended.

great book a must have if this is your hobbie this book will enlighten you too many tips too mention this is a show all

This was a Christmas present. He loved it! Plus it shows how to throw them.

[Download to continue reading...](#)

The Art of Throwing: The Definitive Guide to Thrown Weapons Techniques [DVD Included] Knife Throwing | Throwing Knives | Knife Throwing For Street Combat Survival Combat Knife Throwing: A New Approach to Knife Throwing and Knife Fighting, Revised and Updated (illustrations) Bridal Bargains, 8th Edition: Secrets to throwing a fantastic wedding on a realistic budget (Bridal Bargains: Secrets to Throwing a Fantastic Wedding on a Realistic Budget) HTML & XHTML: The Definitive Guide: The Definitive Guide (Definitive Guides) The Samurai Sword: Spirit * Strategy * Techniques: [DVD INCLUDED] Thrown Under the Omnibus: A Reader Thrown Mini Weapons of Mass Destruction: Build and Master Ninja Weapons Weapons of Mass Destruction: An Encyclopedia of Worldwide Policy, Technology, and History; Volume I: Chemical and Biological Weapons and Volume II:: ... Technology, and History (2 volume set) Knife & Tomahawk Throwing: The Art of the Experts Mastering the Samurai Sword: A Full-Color, Step-by-Step Guide [DVD Included] NCLEX

Review: EASY Nursing Drug Guide (Ace Nursing School and the NCLEX®!): + Bonus Practice Exam Included! (LIMITED TIME BONUS - MASSIVE Nursing Study Pack Included!) Lippincott's Video Series for Nursing Assistants: Student DVD by Carter, Pamela J. 1 DVD Stu Edition [DvdRom(2007/6/25)] Schwartz's Principles of Surgery, 10th edition (DVD Included) North Korea: The Definitive Guide to Understanding the Hermit Kingdom (history of Korea, division of Korea, real north Korea, escape from North Korea, kim jong un, kim jong il, nuclear weapons) Shell Scripting Tutorial For Unix Linux - Included Free 6+ Hours of Online Tutorial Included Sewing: The Definitive Guide to Sewing for Beginners - Newbies Check This Out - 11 Sewing Basics Tutorials, Step by Step to Get You Started Today! Images Included! - Now in 2nd Edition! Knife Throwing: A Practical Guide 802.11 Wireless Networks: The Definitive Guide: The Definitive Guide

[Dmca](#)